



AFMEE Africa, Middle East
and Europe
e-TRIGGER
e-TRaining In Gerontology and GERiatrics



IAGG e-TRIGGER **AFrica, MIddle Eeast and EEurope** **(AFMEE)**

Online Training in Geriatric Medicine and Gerontology

Discover a world of knowledge and endless opportunities in geriatric medicine and gerontology with our comprehensive online course.

Starting date: October 23, 2025

Join us to become a highly qualified professional in the field of aging healthcare!

Visit our website: <https://afmee.iagg-fge.org/>



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About IAGG- FGE

The mission of the International Association of Gerontology and Geriatrics (IAGG) and the Federation of Geriatric Education (FGE) is to promote the highest level of achievement in gerontological research and training worldwide.

<https://IAGG.site>

The e-TRIGGER Program

In response to the COVID-19 pandemic, we transitioned our renowned training programs to an online format:

"e-**TR**aining In **GER**ontology and **GER**iatrics (e-TRIGGER)" program.

<https://iagg-fge.org>.

HSeT Educational Partnership

The Swiss Health Science eTraining Foundation (HSeT) develops e-learning programs that are tailored to the needs of specific groups of trainees as defined by the institutions themselves.

<https://hset.org>





Who can apply?

Physicians

Medical doctors interested in aging and care of older adults and who are on track to achieve academic tenure, professorship, or high-responsibility clinical positions.

Experienced Professionals

Highly experienced health professionals engaged in community care and hospital management of older people.

Healthcare Professionals

The programme is also suitable for non-physician healthcare professionals, from all horizons, involved in the care of older adults.

Students in Health Professions

The program also suits medical students who are interested in geriatric medicine and gerontology but do not have access to specialized instruction at school.



Program Format

12 monthly online training sessions, with participants from all different geographic time zones connected simultaneously. Each live monthly session lasts 3 hours and is recorded to enable later viewing, in case of absence.

1

Interactive Live Sessions

Join 12 engaging online sessions focused on key topics in geriatric medicine and gerontology. Interact in real-time with expert course instructors and connect with fellow trainees. Sessions are held once a month on a Thursday afternoon (From 2:00 -5:00 PM Paris time).

2

Assignments

Regional team activities on distinct geriatric topics in which you will interact with trainees in your language. Annotated papers and case studies as educational tools to enhance your knowledge.

3

Knowledge Assessment

Your knowledge will be evaluated with quizzes designed by our expert tutors, based on the key messages of each session. Active participation in live sessions will also be considered by the tutors.

Program Certificate

Earn a prestigious IAGG-World certificate of participation upon successful completion of 10 out of 12 course quizzes.

A total of 60 hours training certificate, which corresponds to 36 hours of lectures per year, plus personal self-learning.

Also possibility to attend standalone sessions (4 hours certificate - session plus quiz)



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CERTIFICATE of GRADUATION

This is to certify that
Elisa Dominguez

has successfully completed the distance learning course
IAGG eTRIGGER AFMEE 2023-2024

International Association of Gerontology and Geriatric e-Training In Gerontology and GERiatrics Africa - Middle East - Europe

From May 2023 to April 2024 (Total of 60 hours & personalized training)


Prof. José Jauregui
President IAGG-World


Prof. Jean-Pierre Michel
Director Federation of Geriatric Education


Prof. Mario Barbagallo
President IAGG-European Region

Program Benefits

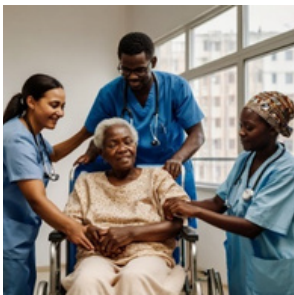


Enhanced Knowledge Base

Improve your understanding of geriatric medicine and gerontology with high-quality education.

Self-directed Learning

Develop your problem-solving skills and increase self-directed learning capabilities through interactive activities.



Interdisciplinary Collaboration

Engage in real and culturally relevant case presentations to foster interdisciplinary teamwork and collaboration.



Leadership Development

Cultivate personal leadership and team management skills that will set you apart as a healthcare professional.



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Program Outline 2025 - 2026

Session Topic & Date

01	International policies on Ageing	October 23, 2025
02	Prevention strategies in older adults	November 20, 2025
03	Muscle health matters throughout life	December 18, 2025
04	Sensory impairment as a public health priority	January 22, 2026
05	Cognitive disorders	February 18, 2026
06	Hot topics in gerontology and geriatrics	March 19, 2026
07	Gerontopharmacology and medication management	April 23, 2026
08	Urinary incontinence and social inclusion	May 21, 2026
09	Special communication issues in old age	June 25, 2026
10	Special care issues in geriatric medicine	July 23, 2026
11	The life course perspective on mental health	August 20, 2026
12	Technology & care of older adults	September 24, 2026

Additional interactive Team Activities are planned along the course



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Application Process

Step 1:

Fill Out the Application Form

To enroll in Online Training in Geriatric Medicine and Gerontology, visit the IAGG website, go to programs, choose the AFMEE program and complete the online **application form** there.



Step 2:

Selection Criteria

The selection of registered trainees will be validated by the e-TRIGGER Board.

Step 3:

Complete Payment

After your application is accepted, submit the course fee through PayPal or Credit Card, in the IAGG ASIO website.





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Fees

Fees are based on the **average annual income in your country:**

- Pay 300 CHF in countries with mean annual income <1 500 CHF
- Pay 600 CHF in countries with mean annual income of 1 500 - 13 000 CHF
- Pay 1 200 CHF in countries with mean annual income >13 000 CHF

Student rate fees (for those who present a University or High School registration) are also based on annual country income:

- Pay 150 CHF in countries with mean annual income <1 500 CHF
- Pay 300 CHF in countries with mean annual income of 1 500 - 13 000 CHF
- Pay 600 CHF in countries with mean annual income >13 000 CHF

Scholarships

A limited number of scholarships is available – please apply as soon as possible. Follow the application procedure and email us for details about the eligibility criteria at contact_iagg@hset.org

Other partners



International
Institute on Ageing,
United Nations -
Malta - INIA



International
Psychogeriatric
Association



University of
Zurich

Institute for
Healthy Aging



FOUNDATION



Whether you are just starting your career or looking to enhance your existing practice, this program will provide valuable knowledge and skills.

[Apply now](#)

