INTERNATIONAL ASSOCIATION OF GERONTOLOGY AND GERIATRICS

AFMEE Africa, Middle East and Europe e-TRIGGER

e-TRaining In Gerontology and GERiatrics

Online Training in Geriatric Medicine and Gerontology

Discover a world of knowledge and endless opportunities in geriatric medicine and gerontology with our comprehensive online course.

Become part of an international learning community shaping better care for older adults

across AFRICA, THE MIDDLE EAST AND EUROPE

Applications are now open

Starting date: 19 November 2026

Visit our website: https://afmee.iagg-fge.org/

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About IAGG-FGE

The mission of the International Association of Gerontology and Geriatrics (IAGG) and the Federation of Geriatric Education (FGE) is to promote the highest level of achievement in gerontological research and training worldwide.
https://iagg.site/

The e-TRIGGER programme

Building on its experience in international online education, IAGG-FGE and HSeT developed the *e-TRaining In Gerontology and GERiatrics* (e-TRIGGER) programme to expand access to high-quality education in gerontology and geriatrics worldwide.
https://iagg-fge.org

Health Sciences e-Training Foundation educational partnership

The Swiss Health Science e-Training Foundation (HSeT) develops e-learning programmes that are tailored to the needs of specific groups of trainees as defined by the institutions themselves.
https://hset.org

Who can apply?

Physicians and physicians in training

Medical doctors interested in ageing and care of older adults and who are on track to achieve academic tenure, professorship, or high-responsibility clinical positions.

Experienced professionals

Highly experienced health professionals engaged in community care and hospital management of older people.

Healthcare professionals

The programme is also suitable for non-physician healthcare professionals, from all backgrounds, involved in the care of older adults.

Academic, clinical and community leaders

The programme also suits medical students, clinicians and community leaders who are interested in geriatric medicine and gerontology but do not have access to specialised instruction at their institution.

What will you gain?

Strengthen your practice

Translate current knowledge in geriatrics and gerontology into better decisions for older adults. Apply evidence-based approaches to address the challenges of ageing and promote healthy ageing.

Build an international network

Learn alongside healthcare professionals from Africa, the Middle East and Europe and develop lasting professional connections across countries and disciplines.

Develop leadership skills

Develop your problem-solving skills and strengthen your ability to assess and integrate multidimensional information at individual and population levels through interactive activities.

Learn by doing

Discuss real-world cases, work in multidisciplinary teams, and apply clinical, preventive, and community interventions to practical challenges in ageing care.

Gain international recognition

Demonstrate your commitment to healthy ageing through an IAGG certificate recognising 60 hours of professional development.

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Become a Healthy Ageing Leader

JOIN
An international community

LEARN
From leading experts

CONNECT
Across professions, countries and cultures

APPLY
Knowledge to real ageing-care challenges

LEAD
Change in your practice & community

How does the e-TRIGGER programme work?

12 monthly online training sessions, with participants joining from different geographic time zones connected simultaneously. Each live session lasts 3 hours and is led by international experts working on a voluntary basis. The session is recorded to enable later viewing, in case of absence.

1 Interactive live sessions

Join 12 engaging online sessions focused on key topics in geriatric medicine and gerontology. Interact in real-time with expert course instructors and connect with fellow trainees. Sessions are held once a month on a Thursday from 14:00–17:00 CET/CEST

2 Assignments

Regional team activities on distinct geriatric topics in which you will interact with trainees in your language. Annotated scientific papers and case studies as educational tools to enhance your knowledge.

3 Knowledge assessment

Your knowledge will be evaluated with quizzes designed by our expert tutors, based on the key messages of each session. Active participation in live sessions will also be considered by the tutors.

Programme Certificate

Earn a prestigious **IAGG World certificate** of participation upon successful completion of 10 out of 12 course quizzes, plus a final exam (quiz).

A **60-hour training certificate**, corresponding to 36 hours of lectures per year, participation in team activities, analysis of article-based learning, and personal self-learning.

KNOWLEDGE TODAY

BETTER CARE TOMORROW

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e-TRIGGER
e-Training in Gerontology and GERiatrics

HSeT
Health Sciences e-Training Foundation

CERTIFICATE OF COMPLETION

This certifies that

Elisa Dominguez

has successfully completed the

IAGG e-TRIGGER AFMEE 2025-2026

Africa • Middle East • Europe

International Association of Gerontology and Geriatrics
e-Training in Gerontology and Geriatrics

October 2025 – September 2026, 60 Hours of Certified Professional Education

Prof Hilde Verbeek
President, IAGG World

Prof. Jean-Pierre Michel
Director, Federation of Geriatric Education

Prof. Dilek Aslan
AFMEE Scientific Board Member

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Programme topics and dates for 2026-2027 cohort

01	Healthy Ageing: From Measurement to Action	Nov. 19, 2026
02	Acute Geriatric Medicine: When Older Adults Become Acutely Ill	Dec. 17, 2026
03	Ageing in Place, Long-Term Care and Caregiver Support	Jan. 21, 2027
04	Neurological Disorders Beyond Dementia	Feb. 18, 2027
05	Pain in Older Adults	Mar. 18, 2027
06	Ageing in a Changing Climate	Apr. 15, 2027
07	The Older Surgical Patient: Perioperative Geriatrics	May 20, 2027
08	Swallowing, Hydration and Bowel Health	Jun. 17, 2027
09	From Biology of Ageing to Geroscience	Jul. 22, 2027
10	Ageism	Aug. 19, 2027
11	Geriatric Rehabilitation and Recovery of Function	Sep. 16, 2027
12	Sleep and Circadian Health in Later Life	Oct. 21, 2027

Additional interactive Team Activities are planned along the course

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Programme Director

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Application Process

Step 1: Fill out the application form

To enrol in the Online Training in Geriatric Medicine and Gerontology, visit the IAGG e-TRIGGER AFMEE website, go to the Registration page and complete the online **application form** there.

https://afmee.iagg-fge.org

Step 2: Application review

The applications will be reviewed and approved by the e-TRIGGER AFMEE Board.

Step 3: Complete payment

Once your application has been accepted, pay the course fee by credit card or PayPal through the IAGG e-TRIGGER AFMEE website.

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Fees

Fees are based on the **average annual income in your country:**

- Pay 300 CHF in countries with mean annual income <1 500 CHF
- Pay 600 CHF in countries with mean annual income of 1 500 - 13 000 CHF
- Pay 1 200 CHF in countries with mean annual income >13 000 CHF

Student rate fees (for those who present a University or High School registration) are also based on annual country income:

- Pay 150 CHF in countries with mean annual income <1 500 CHF
- Pay 300 CHF in countries with mean annual income of 1 500 - 13 000 CHF
- Pay 600 CHF in countries with mean annual income >13 000 CHF

Scholarships

A limited number of scholarships are available – please apply as soon as possible. Follow the application procedure and email us for details about the eligibility criteria at contact_etrigger.afmee@hset.org

Other partners

Wonca
World family doctors
Caring for people
EUROPE

International Institute on Ageing, United Nations - Malta - INIA

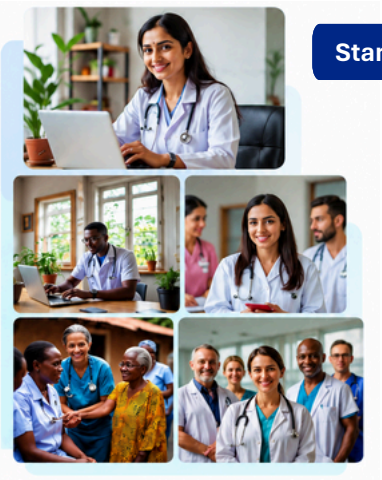
SOUTH AFRICAN ACADEMY OF FAMILY PHYSICIANS

INTERNATIONAL ASSOCIATION OF GERONTOLOGY AND GERIATRICS
Founded 1950

Sponsors

OAK FOUNDATION

Join an international learning community committed to improving the care of older adults across Africa, the Middle East and Europe.



Starting date: 19 November 2026

APPLY NOW

Contact us:

Contact_etrigger.afmee@hset.org